

# MHS 2022

Monday	Tuesday	Wednesday	Thursday	Friday
<b>Breakfast</b> Seasonal Fresh Fruit Cup, Fresh Fruit Bowl, Assorted Fruit Juice and Milk Variety offered daily!				
			September 1	September 2
			Waffles w/ Bacon Strips Yogurt and Muffins	No School
September 5	September 6	September 7	September 8	September 9
No School Labor Day Holiday	Crispy Toast w/ Scramble Eggs Sausage Patty Yogurt Parfait	Hot Grits Sausage & Biscuit Assorted Cereal	French Toast Sticks Breakfast Pizza Yogurt and Muffins	Mini Confetti Pancakes Yogurt and Muffins Assorted Cereal Bars
September 12	September 13	September 14	September 15	September 16
Chicken & Waffles Assorted PopTarts	French Toast Sticks Bacon Strips PB&J Sandwich	Breakfast Bagel Yogurt and Muffins Assorted Cereal	Pancake on a Stick Assorted Muffin Loaves Assorted Cereal	Breakfast Pizza Cinnamon Crunch Pastry Froot Loops Cereal
September 19	September 20	September 21	September 22	September 23
Waffles w/ Bacon Strips Assorted Cereal Assorted Breakfast Breads	Pancake on a Stick Assorted Poptarts	Grilled Cheese Sandwich Yogurt and Muffins Assorted Cereal	French Toast Sticks Assorted Muffin Loaves Assorted Poptart	Bacon, Egg, & Cheese Biscuit Assorted Cereals
September 26	September 27	September 28	September 29	September 30
Chicken & Waffle Assorted Cereal	Breakfast Pizza Assorted Breakfast Bread	Bacon, Egg, and Cheese Biscuit Cinnamon Crunch Pastry Yogurt Parfait	Hot Grits w/ Bacon Strips Yogurts and Muffins Assorted Poptarts	Grilled Cheese Sandwich Assorted Cereal Blueberry Muffin Loaf
<b>Lunch</b> Seasonal Fresh Fruit Cup, Fresh Fruit Bowl, Assorted Fruit Juice and Milk Variety offered daily!				
			September 1	September 2
			Chicken Fajita w/ Spanish Rice Cheeseburger w/ Sweet Potato Fries Tuna Salad w/ Crackers Cheesy Broccoli Summer Squash Yeast Roll	No School
September 5	September 6	September 7	September 8	September 9
No School Labor Day Holiday	Beef Ravioli Hotdogs w/ Sweet Potato Fries Chef Salad w/ Crackers Italian Sliced Carrots Seasoned Green Beans Garlic Toast	Chicken Nuggets BBQ Pork Sandwich w/ Crinkle Cut Fries Chef Salad w/ Crackers Herbed Broccoli Mashed Potatoes Yeast Roll	Cheeseburger Pie Chicken Patty Sandwich w/ Tater Tots Chef Salad w/ Crackers Seasoned Green Peas Vegetable Juice	Buffalo Chicken Wings Cheeseburger w/ Seasoned Fries Chef Salad w/ Crackers Garden Salad w/ Dressing Pinto Beans Yeast Roll
September 12	September 13	September 14	September 15	September 16
Assorted Pizza Glazed BBQ Meatballs w/ Crinkle Cut Fries Chef Salad w/ Crackers Garden Salad w/ Dressing Baked beans	Southern Catfish American Sub w/ Potato Wedges Chef Salad w/ Crackers Seasoned Cabbages Mixed Vegetables Cornbread	Ranch Baked Chicken Ham & Cheese Hoagie w/ Sweet Potato Fries California Vegetables Mashed Potatoes Cornbread	Country Fried Steak w/ Gravy Steamed Rice BBQ Rib Sandwich w/ Crinkle Cut Fries Chef Salad w/ Crackers Seasoned Green Peas Sweet Potatoes Casserole	Walking Tacos Sweet Chili Meatballs Hoagie Bun w/ Potatoes Wedges Chef Salad w/ crackers Whole Kernel Corn Refried Beans
September 19	September 20	September 21	September 22	September 23

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<p>Baked Pork Chop Macaroni &amp; Cheese Bacon Cheeseburger w Tater Tot Chicken Salad w/ Crackers Garden Salad w/ Dressing California Vegetables Cornbread</p>	<p>Chicken Spaghetti Hot dogs w/ Crispy Fries Chicken Salad w/ Crackers Seasoned Green Beans Assorted Vegetable Juice Yeast Roll</p>	<p>Assorted Pizza BBQ Rib Sandwich w/ Potatoes Wedges Chicken Salad w/ Crackers Peas &amp; Carrots Whole Kernel Corn Hot Cinnamon Apples</p>	<p>Chicken &amp; Beef Nachos American Sub w/ Crispy Fries Spanish Rice Chicken Salad w/ Crackers Steamed Broccoli Refried beans Rice Krispie Bars</p>	<p>Steak Fingers Turkey &amp; Cheese Hoagie w/ Crispy Fries Chicken Salad w/ Crackers Mashed Potatoes Baby Carrots w/ Dressing Chocolate Chip Cookie Yeast Roll</p>
September 26	September 27	September 28	September 29	September 30
<p>Cheesy Chicken w/ Rice Cheeseburger w/ Crispy Fries Chef Salad w/ Crackers Garden Salad w/ Dressing Whole Kernel Corn Yeast Roll</p>	<p>Hamburger Steak w/ Gravy Southern Chicken Sandwich w/ Potato Wedges Chef Salad w/ Crackers Seasoned Green Beans Mashed Potatoes Yeast Roll</p>	<p>Assorted Pizza BBQ Rib Sandwich w/ Crispy Fries Chef Salad w/ Crackers Baked Beans Mixed Vegetables</p>	<p>Southern Fried Catfish Hot Dogs w/ Tater Tots Chef Salad w/ Crackers Mustard Greens Summer Squash Cornbread</p>	<p>Buffalo Chicken Wings American Sub w/ Sweet Potato Fries Chef Salad w/ Crackers Glazed Carrots Seasoned Peas Yeast Roll</p>